

Finally

We hope you found the group clinics fun and enjoyable, made some new friends and learned more about how you and other young people live with and manage diabetes.

**A big
THANK YOU!**

From the Together study team



STUDY FEEDBACK



The aim of the study

This was an innovative study looking at how group clinics could support young people living with diabetes.

We hope our flexible and informal approach in delivering group clinics managed to address your needs. We also hope that you felt supported both by your peers and by health professionals, and that you will continue to engage positively with your diabetes service.

What we did

We ran 23 group clinics over 18 months. We discussed lots of topics guided by what the young people wanted to know more about.

We discussed lots of stuff



What happens next

Young people should continue to access care and support as usual from their Diabetes Team based at Shrewsbury Road, Forest Gate, E7 8QP.

Tel: 020 8586 5217

How can you find out more about the research findings

Please feel free to contact Desiree Campbell-Richards, who will be able to forward your query to the relevant team member.
Email: dcampbellrichards@nhs.net

Resources and contact information

Diabetes Sp. Nurse: Rita
(Mon/ Wed/ Thursday) Mob: 07701 004 460

Peer Support: Omar (youth worker—2 days/ week) Tel: 0207 363 8569

Psychologist: Yvanna: Tel: 0208 586 5217
(contact diabetes secretary)

Dietitian: Diana Tel: 0207 476 4000
(ask for dietetics)

Foot health/Podiatry: Marie Parchment
Tel: 0208 496 9007

Skype address: dawn.clinic1

Instagram: @ndc.uk 

Twitter: @TogetherProject2

THANK YOU for participating with such enthusiasm and keep up the good work in managing your diabetes!