

Developing a Youth Mental Health service: Considerations across the system

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Why are we here?

- Showcase the development of CFYP Mental Health Provision
- System Obstacles: Past, Present & Future
- Highlight the importance of considering the 'whole system' in CFYP Mental Health services
- Share and Reflect on our learning

Mancroft Advice Project (MAP)

MAP – a 'YIAC' for 11-25 year olds – set up in 1991

'For young people finding their way'

Two Drop-in centres; Three service delivery teams – rights based advice and information; youth work - positive activities and personal development; therapeutic services – group and one to one psycho-educational interventions and counselling

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Received: 22 September 2016

Revised: 8 February 2017

Accepted: 18 March 2017

DOI: 10.1111/eip.12452

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EARLY INTERVENTION IN THE REAL WORLD

Creating an innovative youth mental health service in the United Kingdom: The Norfolk Youth Service

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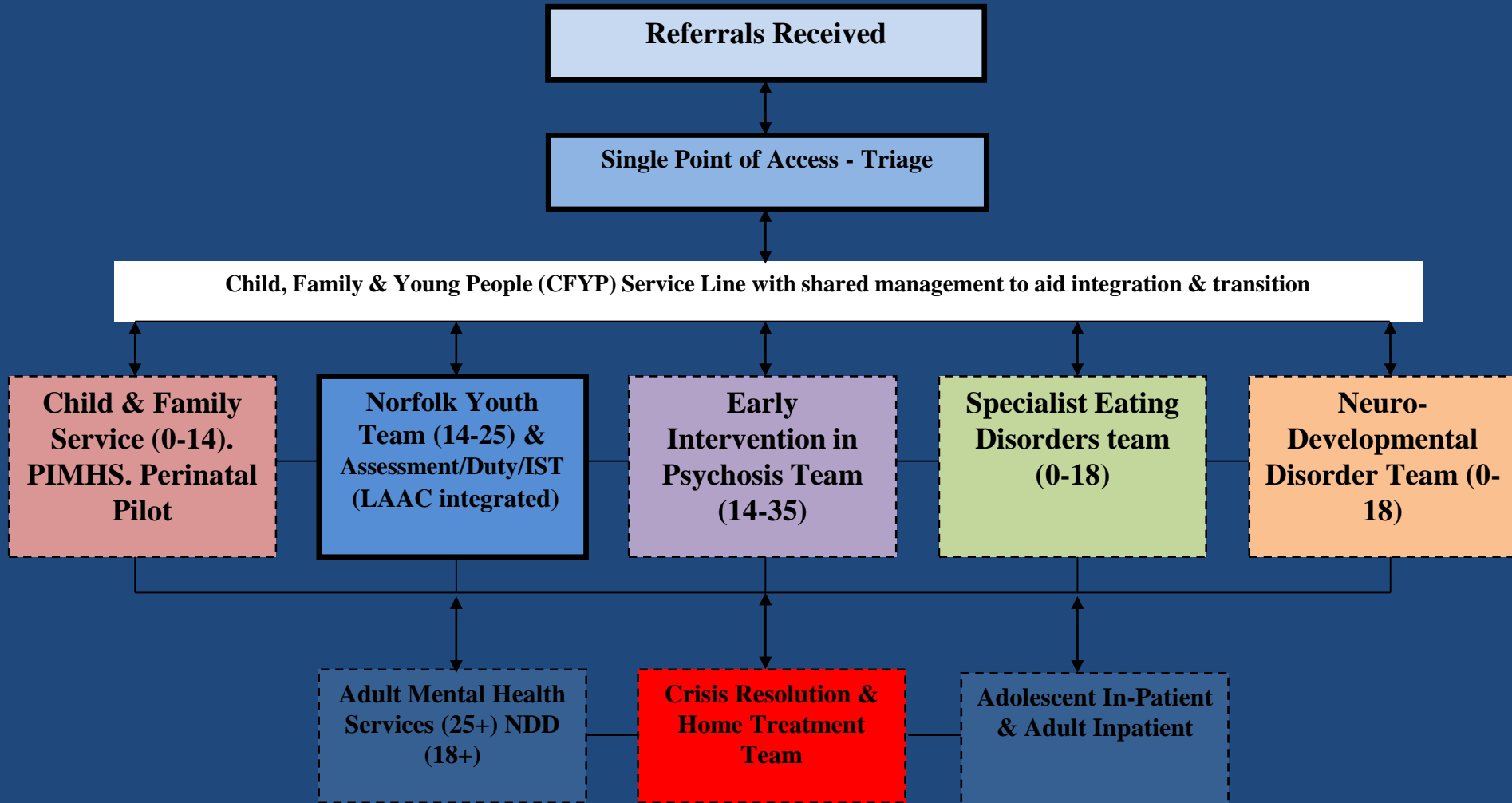
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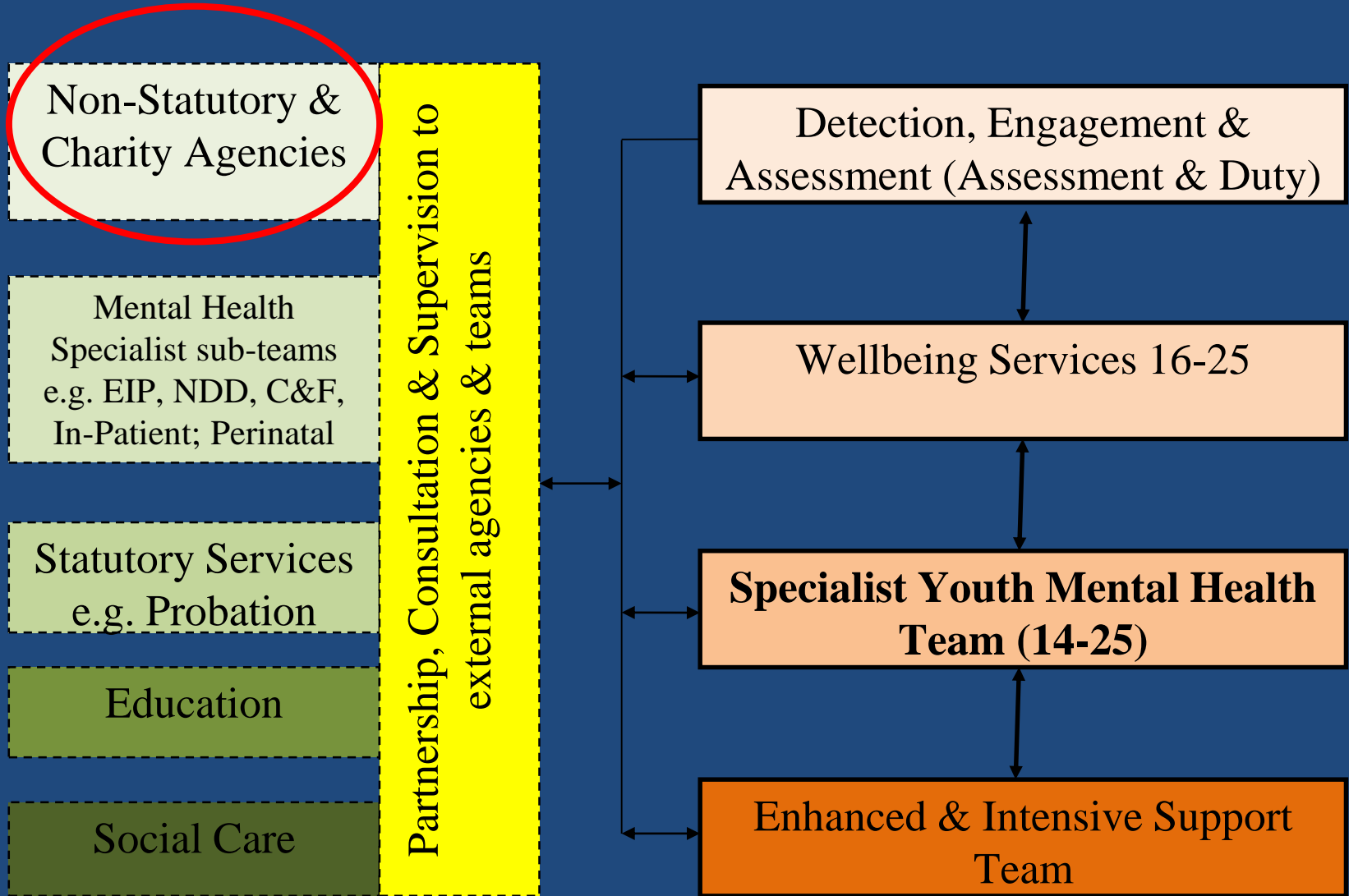
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Young people attempting to access mental health services in the United Kingdom often find traditional models of care outdated, rigid, inaccessible and unappealing. Policy recommendations, research and service user opinion suggest that reform is needed to reflect the changing needs of young people. There is significant motivation in the United Kingdom to transform mental health services for young people, and this paper aims to describe the rationale, development and implementation of a novel youth mental health service in the

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Obstacles in the System

“Life is a series of problems to be overcome”

Tonia’s dad

“It always seems impossible until it’s done”

Nelson Mandela

“...there are barriers in the system itself which prevent change” Rt Hon Norman Lamb – Future in Mind Report (2015)

The Past



The Present: Simplifying a System

Feel the (system), fear and do it anyway!

- CWP project
- Leadership course
- Early Help pathway
- Systemic Conversations
- Research trials
- Coffee & Cake!



Recipe For Success

Ingredients:

- 1 Teaspoon of Ideas
- 1/2 Cup of Goodwill
- 1 Pinch of Positivity
- 3/4 Cup of Imagination
- 1 lb of Leadership
- 2 Spoonfuls of Teamwork
- 1 Cup of Market Vision
- 3 Tablespoons of Challenge
- and 1 Bag of Hope!



The Future: What next?

- Keep on Keeping on...
- Reflect on current relationships
- Encourage new relationships
- Develop a shared language
- Seek & Create new opportunities e.g. Shared Learning Events
- More...Coffee & Cake!

... and a Service redesign coming...

Get in Touch....

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THANK YOU