

**The Association for Young People's Health – 10<sup>th</sup> Anniversary conference**  
21 February 2018: Institute of Child Health, London

A multi-disciplinary conference for everyone in the young people's health field including: Health professionals, local government, teachers, youth workers, researchers, commissioners, policy leads & the voluntary sector.

**9.30 Registration**

<b>10.00</b>	<p><b>Opening plenary - What's changed and what's important now?</b> Chair – Russell Viner, Professor in Adolescent Health, <i>UCL GOS Institute of Child Health</i></p> <p><b>10 years of AYPH</b> - Emma Rigby, Chief Executive, <i>AYPH</i> <b>Data trends - what's changed in 10 years?</b> – Dr Ronny Cheung, Consultant General Paediatrician, <i>Evelina London Children's Hospital</i> <b>Life chances of young people</b> – Naomi Eisenstadt, Deputy Chair, <i>Poverty and Inequality Commission for Scotland</i> <b>What's important to young people? Experiences of young people in care</b> - Áine Rose Kelly, Wellcome Trust Scholar, <i>Rees Centre for Research in Fostering and Education</i></p>
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<b>11.15</b>	Refreshments & poster exhibition
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<b>11.40</b>	<p><b>Parallel A</b> <b>Research advances</b> Chair – Dr Gill Turner, Consultant Paediatrician, <i>Hexham General Hospital</i></p> <p><b>Teenagers &amp; their sexual partners: age &amp; sexual exploitation</b> – Dr Louise Cook, Associate Specialist, <i>Aneurin Bevan Health Board</i></p> <p><b>Understanding the decline of teenage fertility in England</b> – Katie Heap, PhD Student, <i>University of Southampton</i></p> <p><b>'Not life threatening but life ruining': continence problems in young people</b> – Dr Carol Joinson, Reader in Developmental Psychology, <i>University of Bristol</i></p>	<p><b>Parallel B</b> <b>Innovation in health &amp; education</b> Chair – Alison Hadley OBE, Director, <i>Teenage Pregnancy Knowledge Exchange</i></p> <p><b>Current policy &amp; new models of PSHE</b> – Jonathan Baggaley, Chief Executive, <i>PSHE Association</i></p> <p><b>Using youth work in school settings</b> – Tim Tod, South West CYPIAPT Participation Lead, <i>University of Exeter</i> &amp; Director, <i>Red 22 CIC</i></p> <p><b>Lessons from delivering a pastoral curriculum for wellbeing</b> – Jo Morgan, Head of Pastoral Curriculum, <i>Portsmouth Grammar School</i></p>	<p><b>Parallel C</b> <b>Research advances</b> Chair – Dr Dick Churchill, GP &amp; Senior Partner, <i>Chilwell Valley &amp; Meadows Medical Practice</i></p> <p><b>Safe, fit and well: Case studies of Streetgames' national sport pilots</b> – Dr Louise Mansfield, Senior Lecturer, <i>Brunel University London</i></p> <p><b>Impact of a youth violence intervention in the emergency department of a London hospital</b> – Brendan King, Impact &amp; Evaluation Manager, <i>Redthread</i></p> <p><b>Improving transition from Child and Adolescent Mental Health Services to Adult Mental Health Services</b> – Dr Cathy Street, PPI Lead for the MILESTONE Project, <i>University of Warwick</i></p>
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<b>1.00</b>	Lunch & poster exhibition
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2.00	<p><b>Parallel D</b>  <b>Innovation in mental health Chair – James Kenrick, Chief Executive, <i>Youth Access</i></b></p> <p><b>Supporting YP mental health in the voluntary sector – Dr Simon Newitt, Chief Executive, <i>Off the Record</i></b></p> <p><b>Developing a youth MH service: Considerations across the system – Dr Jon Wilson, Consultant psychiatrist, <i>Norfolk and Suffolk NHS Foundation Trust</i>, Dr Timothy Clarke, Research Clinical Psychologist &amp; CFYP Research Development Lead, <i>Norfolk and Suffolk NHS Foundation</i> Tonia Mihill, Therapeutic Services Manager, <i>MAP</i></b></p> <p><b>Healthy Teen Minds - Robin Barker, Director, <i>Healthy Teen Minds</i></b></p>	<p><b>Parallel E</b>  <b>Innovation in engagement Chair - Lindsay Starbuck, Young People’s Participation Co-ordinator, <i>AYPH</i></b></p> <p><b>‘It’s like a new life that you never knew about until now’: Living with HIV - <i>The CHIVA Youth Committee of Young People</i></b></p> <p><b>Young people’s engagement in research - YRAP group, <i>University of Bedfordshire</i></b></p> <p><b>Making change happen together: young cancer patients’ involvement in CLIC Sargent’s #Cancercosts campaign – Anna Carnegie, Research Officer, <i>CLIC Sargent</i> &amp; Iona del Pino, CLIC Sargent Representative</b></p>	<p><b>Parallel F</b>  <b>Innovation in young adult care Chair – Dr Helena Gleeson, Consultant Endocrinologist, <i>University Hospital Birmingham NHS Foundation Trust</i></b></p> <p><b>A model for Young Adult Renal Clinics – Dr Paul Harden, Consultant, <i>Oxford University Hospitals NHS Trust</i>, Daley Cross, Youth Worker, <i>Oxford Young Adult Clinic</i></b></p> <p><b>Supporting transitions for young people affected by substance use – Colin Hughes, Team Leader, <i>Addaction</i></b></p> <p><b>Adolescents in KAOS – demonstrating the need for more age appropriate care in an inner London teaching hospital – Dr Simon Chapman, Consultant Paediatrician, <i>King’s College Hospital NHS Foundation Trust</i></b></p>
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3.20 Refreshments & poster exhibition

3.40 **Afternoon plenary - How do we need to work differently to meet YP health needs?**  
**Chair – Dr John Coleman, Senior Research Fellow, *Department of Education University of Oxford***

**Gender identity and young people – Jezza Donovan, *Gendered Intelligence***

**Sleep – what models could better support young people? – Dr Michael Farquhar, Consultant in children’s sleep medicine, *Evelina London Children’s Hospital***

**Skin, Stigma, Services and Support - Dr Tess McPherson, Consultant Dermatologist, *Oxford University Hospitals*, Dr Emma Howard, Consultant Dermatologist, *Birmingham Children’s Hospital* & Claire Hamlet, Research Associate, *Centre for Appearance Research***

**Panel / discussion**

4.45 **Close**

**Learning Aim:** This conference will help delegates improve their understanding of young people’s health, current best practice & innovative approaches and support the practice, commissioning and design of services which meet young people’s health needs.

**RCPCH has approved this activity for CPD in accordance with the current RCPCH CPD Guidelines.**

The conference is supported by:

