

About AYPH



Bridges the world of **policy, practice and evidence** to promote better understanding of young people's health needs.

Supports **young people's participation** in health and wellbeing

Supports the development of youth friendly health services and **improved practice**, (You're Welcome Refreshed Standards)

Collate and disseminate **useful information** in reader-friendly formats for practitioner and policy audiences (Key Data on Adolescence, YP Health update 2014)

Work with our members to **share innovative examples** of work in the field (events, twitter, publications)



What matters to children and young people: The voice of young people

You tell me: what do young people want in response to...

a) Access

700,000 young people in the UK are young carers, balancing; jobs, careering responsibilities, homework, school & college. When accessing healthcare time is a real issue.

b) Awareness

69% of young people say they do not have information about how to access their school nurse & 73% have only visited a school nurse for immunisations (jabs),

c) Communication

A common theme was young people did not feel as respected as other patients at their GP:

“I think a lot of young people wouldn’t go to the doctor for mental or emotional stuff because they’ll just be told that it’s not that and they’re just overreacting”

d) Confidentiality

Many young people worried about their doctors sharing information with their parents and family, or being recognised by a third party at the GP’s, family member/friend

Young people said: **Appointments during weekends and evenings, as well as access to services online and information through schools – AYPH**

Young people said: **School nurses to advise young people and introduce their services through assemblies, PSHE lessons and introductory services – BRITISH YOUTH COUNCIL**

Young people said: **Being involved in decision making helps young people feel more in control and have a sense of independence, and often assists in their recovery. Many young people told us they would like to see a GP who specialises in working with young people’s mental health issues**
- MENTAL HEALTH FOUNDATION

Young people said: **Young people would like confidentiality outlined clearly with verbal and visual reminders**
- MENTAL HEALTH FOUNDATION

IN YOUR GROUPS, DISCUSS...

General Practice

Less than half of young people they interviewed aged between 11 and 19 said they would discuss general health worries with their GP. - *The National Children's Bureau (NCB)*

Discuss how GP surgeries could improve this?

Pharmacists

Young people...(do) not have much engagement with pharmacists. If they needed information about their medicines, they said they would generally ask a parent...If young people had a relationship with pharmacists they would feel more likely to use them all the time, all the young people felt it would be good to be able to be honest. **How can we encourage young people to engage more with Pharmacists?**

School Nurses

School nurses are already one of the most visible and accessible healthcare providers for young people at a community level.

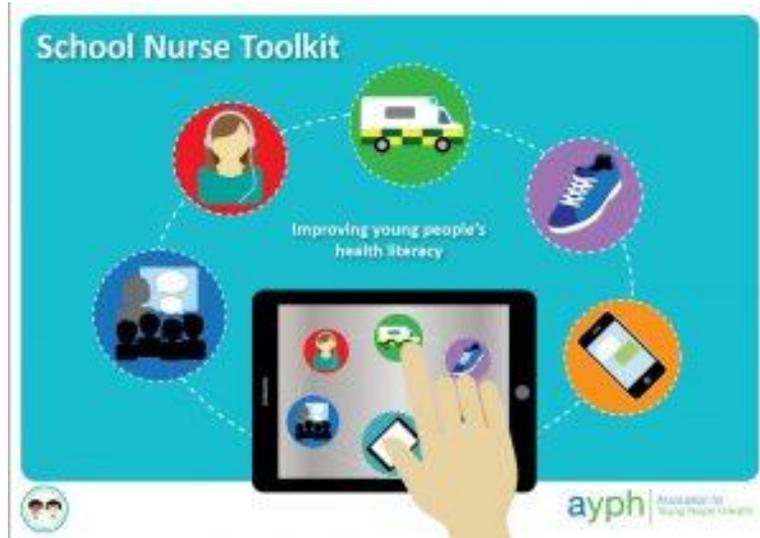
Can you add to this list of ways to promote school nurse to young people? POSTERS AROUND SCHOOL. INFORMATION IN ASSEMBLIES. PUPIL'S PLANNERS/DIARIES.....?

CAMHS

There is mixed consistency in effective transitions between CAMHS and adult services, and only a small number of jointly commissioned services are providing for young people up to 25.

What can we do to ensure services, at a local level, are more joined up for young people?

School Nurse Toolkit: A guide to improving young people's health literacy



A public health approach to promoting young people's resilience



A guide to resources for policy makers, commissioners, and service planners and providers

Young People's Health Partnership: Takeover Days



Young People's
Health Partnership

NHS Youth Forum



Links and resources

- Association of Young People's Health: www.youngpeopleshealth.org.uk
- British Youth Council: www.nursingtimes.net/download?ac=1241190
- Mental Health Foundation: www.mentalhealth.org.uk/publications
- The National Children's Bureau: www.ncb.org.uk
- NHS Youth Forum: <https://www.england.nhs.uk/participation/get-involved/how/forums/nhs-youth-forum/>



Thanks for taking part!

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